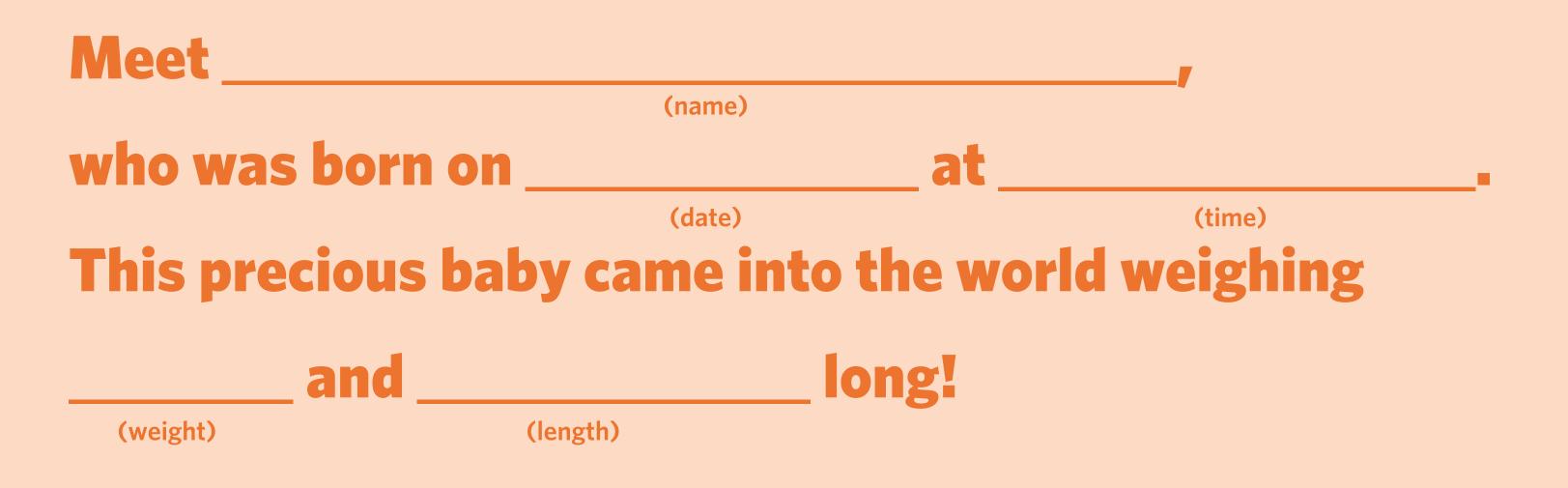
Welcome friends!



Before entering, please wash your hands (and mask up if unvaccinated). If you're feeling under the weather, please come back another time when you're in better health. Childbirth and the first days and weeks are hard work, but we can do it with your support! To help us get off to the best start, please keep your visit brief and help out if you can. Here is a list of ways you can help us rest, recover, and care for our sweet baby!

laundry wash dishes sweep/mop run an errand



make a meal take out trash clean the kitchen clean the bathroom



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(write your own)